

Health and Safety Programs

COURSE:	Community CPR (Community First Aid and Safety and Responding to Emergencies Programs)
Course Code:	3213
Purpose	Train individuals to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none"> • Identify how to respond to emergency situations by checking to see if it is safe to intervene; • Identify the three general steps in the emergency action plan; • Identify how to use your community's emergency medical services (EMS) system effectively; • Demonstrate how to check a conscious or an unconscious victim; • Recognize the signals of a breathing or cardiac emergency; • Learn how to care for an adult, child or infant who has stopped breathing; • Recognize the signals of a breathing emergency; • Identify how to reduce the risk of injury to adults, infants and children; • Learn how to care for an adult, child or infant who is choking; • Identify the risk factors for cardiovascular disease and describe how to reduce them; • Recognize the signals of a heart attack and provide care to reduce the chance of cardiac arrest; and • Learn how to perform CPR to an adult, child or infant who shows no signs of circulation.
Length	Approximately 6 hours, 40 minutes – Community First Aid and Safety Approximately 12 hours – Responding to Emergencies
Instructor	Currently authorized First Aid/CPR/AED, First Aid: Responding to Emergencies, Lifeguarding, Emergency Response or CPR/AED for the Professional Rescuer instructor.
Certification Requirements	<ul style="list-style-type: none"> • Attend and participate in all course sessions; • Demonstrate competency in all required skills listed on the skills checklist; • Participate in all skills sessions; and • Pass the final written exam with a score of 80 percent or better.
Certificate Issued and Validity Period	Adult, Child and Infant CPR – 1 year
Participant Materials	<i>American Red Cross First Aid: Responding to Emergencies Textbook</i> (Stock No. 656120); or <i>American Red Cross Community First Aid and Safety Participant's Manual</i> (Stock No. 652100)



Together, we can save a life

Fact Sheet

Health and Safety Services
